

2009 Woodford County Invitational

Saturday, April 25, 2009

Woodford County High School invites you to the Yellow Jacket Invitational on Saturday, April 25, 2009.

This event is open to High School athletes.

Email Hytek Team Manager entries to phil.wilder@fayette.kyschools.us. Faxed or written entries will not be accepted. Entries sent only using Hytek Team Manager to email address above.

The deadline for all entries will be Friday, April 17, 2009.

Competitor numbers will be assigned and emailed to head coach. The coach must write competitor numbers on the right hand with a marker. Write clearly with the bottom of the numbers toward the fingertips.

Where: Woodford County High School, 180 Frankfort Street, Versailles, KY 40383

Start Time: 10:00 AM for Coach's Meeting, 10:30 AM for Field Events, 11:00 AM for Running Events

Cost: Entry fee is \$100.00 per team (boys and girls constitute two teams). Early entry fee is \$85.00 before April 11, 2009. Make all checks payable to WCHS Track and Field. Mail checks to Woodford County High School (attn: Tracey Sobolewski) 180 Frankfort Street, Versailles, KY 40383 or just bring it the day of the meet.

Meet Format: Running and Field events will be on a rolling schedule. Regular order of events. All heats are final. Each Field event will have 3 jumps/throws. No finals.

Scoring: 10-8-6-4-2-1

Awards: There will be a team trophy given to the 1st & 2nd place teams. Top 8 athletes in each event will receive ribbons.

Entries: You may enter a maximum of 2 athletes per event and 1 relay team per event. Athletes may only be entered in 4 total events, including relays. Please include your athletes' first name, last name, and best performance time. (***Shot Put and Discus throwers must have legal shorts and tops – No cut offs, denim pants, sweats or shorts.***)

Admission: \$4.00 for adults, \$2.00 for students with valid student ID, \$1.00 for children (up to age 12)

T-Shirts and concessions will be available.

For More Information Please Contact:

Tracey Sobolewski

Woodford County Head Track Coach

tsobolewski@woodford.kyschools.us or momref3@aol.com

Field Events begin at 10:30 AM EST.

Pole Vault- Girls and Boys will be run together

Girls Long Jump, Boys Long Jump

Girls Triple Jump, Boys Triple Jump,

Girls Shot, Boys Shot

High Jump- Girls and Boys will be run together

Running Events begin at 11:00 AM EST.

4x 800m relay, 100/110m hurdles, 100m dash, 4x 200m relay, 1600m run, 4x 100m relay, 400m dash, 300m hurdles, 800m run, 200m dash, 3200m run, 4x 400m relay