2010 R.J. Corman

**A-J Special Cross Country Meet**

**Thursday, September 2**

Asbury University would like to invite you and your teams to the Asbury – Jessamine (A-J) Invitational Cross Country Meet. The high school division is sponsored by the R.J. Corman Railroad Group. The meet is at the Asbury University Luce Center in Wilmore.

Schedule

4:30 Women’s College & Open 5000 meters $25 team entry fee

5:00 Men’s College & Open 5000 meters $25 team entry fee

5:30 Middle School Girls 3000 meters $25 team entry fee

5:55 Middle School Boys 3000 meters $25 team entry fee

6:20 High School Girls 5000 meters $40 team entry fee

7:00 High School Boys 5000 meters $40 team entry fee

No limit on the number of entrants in any race, but only one team will score.

Make checks payable to Asbury University Cross Country

Send entry fees to Coach Randy Crist, Asbury University, Wilmore, KY 40390

**Awards**

**Individual Middle School:** Top 5 trophies, 6 – 20 medals, 21 – 50 ribbons

**Individual High School:** Top 10 trophies, 11-30 medals, 31-50 ribbons

**Middle & High School Teams:** 1st, 2nd, and 3rd place trophies high school. 1st & 2nd middle school.

**College & Open:** To be determined based on the number of entries.

Hy-Tek rosters for middle and high school should be e-mailed to Leslie Smith by August 27. College teams may just send team rosters. [Leslie.Smith@mercer.kyschools.us](mailto:Leslie.Smith@mercer.kyschools.us)

For additional information, contact Randy Crist

[randy.crist@asbury.edu](mailto:randy.crist@asbury.edu)