**6th Annual Holmes Licking River Run**

**Date:** August 25, 2012

**Place:** Holmes Middle/High School Campus (across the street/other side of flood wall) 2500 Madison Avenue, Covington, KY 41014

**Directions:** From 275 – exit at KY-17 Exit 80 toward Independence/Covington (towards Wal-Mart), continue down KY-17 until it merges with KY-16 at Madison Avenue (approximately 3 miles), entrance to Holmes Campus will be on the right after the stop light, continue down campus drive to the parking lot on the backside of the campus.

From 71/75 – coming southbound exit at Pike Street exit towards 12th street/Covington, continue straight on Bullock street up to stop sign, turn left onto 12th street, turn right onto Madison, continue down Madison until you pass the tennis courts on the left and turn left at the main entrance to Holmes Campus as you (approximately 1 mile), continue down campus drive to parking lot in back of campus.

From 71/75 – coming northbound exit at Pike Street/12th Street and turn right on 12th street off the exit, follow southbound directions from here

**Bus/Car** Busses will need to come down campus drive to the back parking lot to drop of

**Drop Off** athletes. Busses will then be directed to Meiken field to park. Cars can park in the back parking lot until it is full and then may park on the street around Holmes campus. There will be ROTC cadets to direct cars and busses.

**Time:** Girls Varsity 9:00

Boys Varsity 9:45

Boys and Girls J.V. Combined 10:15

Break for Varsity and J.V Awards

M. S. Girls 11:00

M.S. Boys 11:30

Elem. Girls 11:50

Elem. Boys 12:10

**Distance:** Varsity 5000 meters

JV Boys and Girls Combined 2 miles

M.S. / Elem. Boys and Girls 1 mile

**Awards**: **Team** **Individual**

Varsity 1st and 2nd place Top 30 medals

J.V. 1st and 2nd place Top 25 medals

Middle School 1st and 2nd place Top 25 medals

Elementary 1st place Top 25 medals/everyone gets a ribbon

**Entry Fees:** **Team** **Individual**

Varsity per team $40/7 runners max $7/runner

Junior Varsity per team $35/7 runners max $6/runner

Middle School per team $30/7 runners max $5/runner

Elementary per team $25/no limit $4/runner

\*\*\*Maximum cost per school is $175.00 no matter how many teams are running. \*\*\*

A $5 fee will be added to each team that does not use hytek to register for the meet. A school may enter more than one team but must list the runners on each team separately and runners can only score for the team on which they were originally listed. Please let me know by email or the form below how many runners you are bringing for each race so if possible, we can combine some races to try and avoid the heat.

Entries: Please send all hytek entries to Frank Miklavcic at [fmiklavcic@aol.com](mailto:fmiklavcic@aol.com).

Payment: Please send all entry forms and fees by August 20, 2011. Please make checks payable to the Holmes High School Cross Country Program. Entry fees and forms can be mailed to me at:

Holmes High School

Attention: Paula Capano

2500 Madison Avenue

Covington, KY 41014

Questions: The best way to reach me is through email at [paula.capano@covington.kyschools.us](mailto:paula.capano@covington.kyschools.us) or you can call me at 859-466-0239.

**6th Annual Holmes Licking River Run**

**Entry Form**

**Please complete the form below to let me know who you are bringing and to help you figure out the amount you need to send in for the meet. When completed, please send this form in with your check. If you meet the maximum cost, just circle the $175 at the bottom but still tally up the number of teams/runners you will be bringing.**

**School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Coach: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Best Phone#: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Entering: # of Teams: OR # of Individuals**

Varsity Boys \_\_\_\_\_\_\_x$40=\_\_\_\_\_ \_\_\_\_\_\_\_x$7=\_\_\_\_\_\_\_

Varsity Girls \_\_\_\_\_\_\_x$40=\_\_\_\_\_ \_\_\_\_\_\_\_x$7=\_\_\_\_\_\_\_

Junior Varsity Boys \_\_\_\_\_\_\_x$35=\_\_\_\_\_ \_\_\_\_\_\_\_x$6=\_\_\_\_\_\_\_

Junior Varsity Girls \_\_\_\_\_\_\_x$35=\_\_\_\_\_ \_\_\_\_\_\_\_x$6=\_\_\_\_\_\_\_

Middle School Boys \_\_\_\_\_\_\_x$30=\_\_\_\_\_ \_\_\_\_\_\_\_x$5=\_\_\_\_\_\_\_

Middle School Girls \_\_\_\_\_\_\_x$30=\_\_\_\_\_ \_\_\_\_\_\_\_x$5=\_\_\_\_\_\_\_

Elementary Boys \_\_\_\_\_\_\_x$25=\_\_\_\_\_ \_\_\_\_\_\_\_x$4=\_\_\_\_\_\_\_

Elementary Girls \_\_\_\_\_\_\_x$25=\_\_\_\_\_ \_\_\_\_\_\_\_x$4=\_\_\_\_\_\_\_

Team Total:\_\_\_\_\_\_\_\_ Individual Total:\_\_\_\_\_

Overall Total:\_\_\_\_\_\_\_\_ or Max Cost $175